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Just close your eyes

Napping is the key to productivity

Inever considered myself in the same league as Thomas Edison, Salvador Dali or John F. Kennedy, but according to a self-improvement website called the Ririan Project, I share one quality with these men: I like to nap. Setting aside the fact that these people are all dead, I feel better about my need for weekend snoozing. What began as my 3 p.m. Sunday nap has turned into my 3 p.m. Saturday nap, too.



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